

Breaking Free – The Seven Deadly Sins

Fatal Attractions Take Home Handout

LUST

"Lust is no respecter of persons. It never gives up; it never runs out of ideas. Bolt your front door, and it will rattle at the bedroom window, crawl into the living room through the TV screen, or wink at you out of a magazine in the den." Charles Swindoll

Lust is basically a form of _____.

Lust comes at us on three fronts:

1. _____ temptation – a lust for _____.
2. _____ temptation – a lust for _____.
3. _____ temptation – a lust for _____.

Definitions:

"an intense or obsessive desire, especially one that is sexual."

"Lust is a preoccupation with the object of our desire." Maxie Dunnam

"Lust is a sensual desire that dishonors its object and disregards God."

"Lust is the athlete's foot of the mind."

We need help for two reasons:

1. We live in a _____ - _____ society.
2. The _____ has done a poor job in _____ us to win the battle.

Five Musts when it comes to beating lusts:

1. You must make an _____ to live according to _____.

"How can a young man keep his way pure? By living according to your Word." Psalm 119:9

"We are not masters of our own FEELINGS, but we are, by God's grace, masters of our CONSENT."
Francois Fenelon

"From now on I will set no vile thing before my eyes." Psalm 101:3

2. You must _____ our _____.

"Rejoice in your wife. Let her charms and tender embrace satisfy you. Let her love alone fill you with delight." Proverbs 5:18-19

3. You must _____ your _____.

"Temptation is the pull of our own evil thoughts and wishes. These thoughts lead to evil actions." James 1:14-15

4. You must _____ opportunities for _____.

"Keep watch, and pray so that you will not fall into temptation." Matthew 6:41

5. You must _____ the _____ of yielding.

"...an ox going to the slaughter, like a deer stepping into a noose till an arrow pierces his liver, like a bird darting into a snare, little knowing it will cost him his life. [LUST] has brought many victims down; her slain are a mighty throng. Her house is a highway to the grave, leading down to the chambers of death." Proverbs 7:22-27

"Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you." James 4:7-8

"whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you." Philippians 4:8-9

"If we confess our sins He is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9