

The Lord is My Shepherd  
He Restores My Soul  
Take Home Handout

*"He restores my soul." Psalm 23:3*

HOW DOES GOD RESTORE OUR SOULS?

1. LET THE GOOD SHEPHERD \_\_\_\_\_ MY \_\_\_\_\_

*"My guilt has overwhelmed me like a burden too heavy to bear... I am bowed down and brought low; all day long I go about mourning." Psalm 38:4,6*

*"The Lord gave us a mind and a conscience. We cannot hide from ourselves." Proverbs 20:27*

*"All of us have sinned... yet God declares us 'not guilty' IF we trust in Jesus Christ, who in mercy freely takes away our sins." Romans 3:23-24 (LB)*

*"God made you alive with Christ, for he forgave all our sins. He canceled the record of the charges against us and took it away by nailing it to the cross." Colossians 2:13-14 (NLT)*

2. LET THE GOOD SHEPHERD \_\_\_\_\_ MY \_\_\_\_\_

*"Lord, have mercy, because I am in misery. My eyes are weak from so much crying, and my whole being is tired from grief." Psalm 31:9 (NCV)*

*"To all who mourn ... he will give: beauty for ashes; joy instead of mourning; praise instead of heaviness." Isaiah 61:3 (LB)*

3. LET THE GOOD SHEPHERD \_\_\_\_\_ MY \_\_\_\_\_

*"To worry yourself to death with resentment would be a foolish, senseless thing to do."  
Job 5:2 (GN)*

*"Dear friends, never avenge yourselves. Leave that to God, for He has said He will repay those who deserve it." Romans 12:19 (LB)*

*"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other just as in Christ God forgave you." Ephesians 4:31-32*

*"Why art thou cast down, O my soul? ... Hope thou in God." Psalm 42:5*

*"Put your heart right, reach out to God... then face the world again, firm and courageous. Then all your troubles will fade from your memory, like floods that are past and remembered no more." Job 11:13-16 (GN)*