

The Lord is My Shepherd

God's Antidote to Worry
Take Home Handout

The Problem with Worry:

It's _____

It's _____

It's _____

The Antidote: Believe God _____.

"The Lord is my shepherd; I have everything I need." Psalm 23:1 (NIV)

What Does A Shepherd Do?

- He _____

- He _____

- He _____

- He _____

"God takes care of his people like a shepherd" Isaiah 40:11 (NCV)

*"My God will meet all your needs according to his glorious riches in Christ Jesus."
Philippians 4:19 (NIV)*

How Can I Let God Be My Shepherd?

Accept _____.

"The Lord is my shepherd" Psalm 23:1 (NIV)

Jesus said, "I am the good shepherd... my sheep know me... they listen to my voice, I know them and they follow me." John 10:14, 27 (NIV)

Who is in control of your life?

Begin _____.

"Don't worry about anything; instead, pray about everything; tell God your needs... If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand." Philippians 4:6-7 (LB)

"Cast all your anxiety on him because he cares for you." 1Peter 5:7 (NIV)

"For I know the plans I have for you, plans for good and not for evil, plans to give you hope and a future." Jeremiah 29:11 (NIV)

Consider _____.

"So don't be anxious about tomorrow, God will take care of your tomorrow too. Live one day at a time." Matthew 6:34 (LB)

"Give us today our daily bread." Matthew 6:11 (NIV)

"Your heavenly Father already knows perfectly well what you need, and he will give them to you if you give him first place in your life and live as he wants you to." Matthew 6:32-33 (LB)